

# Pearl Essence



## Rooted & Flourishing 3-Month Program

Allow your fullest life to blossom by  
healing shame at the deepest level.

# The Time Has Come



You are at a crossroads internally or externally and you want to change. Maybe you don't even know what needs to change, but you have a deep yearning to feel more alive.

How did you end up in this place???

At some point you lost touch with your inner-knowing and got confused about what that even means. It's ok. Everything we do serves a purpose and there was a time when it served you to lose touch with your inner-knowing. It was probably what you were encouraged to do. But now all these other heavy, stifling emotions and beliefs have taken root.

# What is Rooted & Flourishing?

The Rooted & Flourishing Program is not about reinforcing victimhood nor feeding you a generic formula for "happiness." It is completely personalized to you and you will create your own solutions.

The things that are holding you back are hidden in the subconscious. At one time they served you, but now they are hurting you. Together we will uproot the shame and fear that allow these hidden beliefs to run your life and transform them into virtues.

You will be empowered with the virtue of true responsibility (which is different than blame!) so that you can increase your capacity for love, kindness, compassion, dignity, joy and all that good stuff!





# How Does It Work?

I use a unique combination of modalities that are rooted in love, truth and wisdom. Our work together is personalized to you and facilitated through the healing power of The Divine. This way, you are always receiving what is best for you.

## Modalities Include:

ThetaHealing- Plant the seeds that allow you to flourish and uproot the weeds in the subconscious that keep you ensnared in shame.

Flower Essences- Bring congruence to the soul and personality through the soul's innate connection to nature.

Biofield Tuning- Support the nervous system as it processes the integration of ThetaHealing and Flower essences.

# What's Included?

- an initial 2-hour session to set intentions, introduce you to the modalities and receive a complete healing session.
- 9, 90-minute sessions incorporating all of the modalities. Sessions are scheduled 3 per month.
- 3 custom flower essence blends for you to use in-between sessions
- 6 Personalized affirmations
- Weekly journal exercises
- Monthly recorded meditations
- Email communication with me in between sessions for any intuitive support you need
- 30-minute follow-up 2 weeks after completion of the program

# So Much is Possible for You!

I've seen this work create miracles! And this is not a one-time fix. The changes that occur will empower you for the rest of your life. I have witnessed:

- Clients struggling to get pregnant, get pregnant.
- Clients on their way toward divorce repair their marriage by healing themselves.
- Clients in toxic situations with financial burdens establish their independence and security.
- Clients who believed they had nothing to offer, access their creativity and create an inspired life.





# The Next Step

Are you are ready to become a better person and invite sincere happiness and fulfillment into your life?

Then living in shame will not heal you! It serves neither you nor other people! It's really true that when you are living from your conscious mind instead of your unconscious mind, that you can create happiness and live in the energy of virtues. And that serves everyone!

So if you are ready to learn more, click the Redwood below to schedule a 30-minute Connection Consult.



When you schedule your Connection Consult, you will be asked to fill-out a questionnaire. This will help me so that you get the most out of our time together.

Program Cost:  
\$1600

You are welcome to either pay in-full upon signing-up or in 2 payments (upon signing-up & at the beginning of the 2nd month)

Click on the Redwood below to schedule your Connection Consult.





And the day came when the risk to remain  
tight in a bud was more painful than the risk  
it took to blossom.

-Anaïs Nin



I look forward to meeting you!  
In gratitude & reverence,

Megan Bovis